



# HAUORA KAI CO-OP

EASTSIDE: RANUI, CANNONS CREEK, WAITANGIRUA,  
ASCOT PARK, AOTEA, WHITBY

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

## JOIN NOW!

[www.hauorakai.nz](http://www.hauorakai.nz)



Wesley  
Community  
Action

**Te Whatu Ora**  
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa



# Join Hauora Kai Co-op and help us flip the dial on the broken food system!

Buying regular **\$15** fruit and vege packs from the Hauora Kai Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh and healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available every Tuesday from six pick-up points between Whitby and Cannons Creek, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

**Hauora Kai Co-op: We're about community, not profit**

To join or find out more: visit **[www.hauorakai.nz](http://www.hauorakai.nz)**

If you have any questions call or text Lynda on 027 322 397,  
email us at [wesleyhouse@wesleyca.org.nz](mailto:wesleyhouse@wesleyca.org.nz)  
or find us on Facebook, search **Hauora Kai Co-op**