



KĀPITI FRUIT & VEGE CO-OP

PARAPARAUMU, RAUMATI, WAIKANAE, ŌTAKI

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

JOIN NOW!

www.hauorakai.nz



Wesley
Community
Action

Te Whatu Ora
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa



Join Kāpiti Fruit & Vege Co-op and help us flip the dial on the broken food system!

Buying regular **\$15** fruit and vege packs from the Kāpiti Fruit and Vege Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available every Thursday from four pick-up points, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

Kāpiti Fruit & Vege Co-op: We're about community, not profit

To join or find out more: visit www.hauorakai.nz

If you have any questions call or text Christine on 027 354 0125, email us at kapitifruitandvegecoop@gmail.com or find us on Facebook, search Kāpiti Fruit & Vege Co-op