



RĀNUI HEIGHTS FRUIT & VEGE CO-OP

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

JOIN NOW!

www.hauorakai.nz



Wesley
Community
Action

Te Whatu Ora
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa



Join Rānui Heights Fruit & Vege Co-op and help us flip the dial on the broken food system!

Buying regular **\$15** fruit and vege packs from the Rānui Heights Fruit and Vege Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available every Thursday from one pick-up point, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

Rānui Heights Fruit & Vege Co-op: We're about community, not profit.

To join or find out more: visit **www.hauorakai.nz**

If you have any questions call or text **Henry** on 021 259 6411,
email us at ranuiheight.vege.coop@gmail.com
or find us on Facebook, search Rānui Heights Fruit & Vege Co-op