



# TITAHI BAY FRUIT & VEGE CO-OP

JOHNSONVILLE, NEWLANDS, PLIMMERTON, PORIRUA,  
PUKERUA BAY, TAWA, TITAHI BAY

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

## JOIN NOW!

[www.hauorakai.nz](http://www.hauorakai.nz)



**Te Whatu Ora**  
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa



# Join Titahi Bay Fruit & Vege Co-op and help us flip the dial on the broken food system!

Buying regular **\$15** fruit and vege packs from the Titahi Bay Fruit and Vege Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available every Tuesday from seven pick-up points, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

**Titahi Bay Fruit & Vege Co-op: We're about community, not profit.**

To join or find out more: visit **[www.hauorakai.nz](http://www.hauorakai.nz)**

call or text Casey/Carmen on 022 687 8414,  
email us at [smac.fruitvege@gmail.com](mailto:smac.fruitvege@gmail.com)  
or find us on Facebook, search Titahi Bay Fruit & Vege Co-op