

# UPPER HUTT FRUIT & VEGETABLE CO-OP

Bringing healthy food to our neighbourhood



## Join Upper Hutt Fruit and Veg Co-op and help us flip the dial on the broken food system!

### About the Co-op:

Buying regular \$15 fruit and veg packs from the Upper Hutt Co-op is a great deal for you - and it helps us to provide affordable tāmatoa hauora kai (fresh and healthy food) to everyone in our community.

Available every Wednesday from our pick-up point, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket!

It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack - SWEET!

Before placing your first order simply join the Co-op by visiting [www.hauorakai.nz](http://www.hauorakai.nz). Once you have joined, ordering is as easy as making a payment into our bank account or by paying in cash.

### What does it cost and what do I get?

\$15 gives you a fresh pack of:

- seasonal fruit (3-4 varieties)
- seasonal veges (3-4 varieties)

The actual numbers of fruit and veg vary from week to week and season to season.

### Ordering:

1. Pay \$15 a week in advance by internet banking.
2. Collect on a Wednesday.
3. No commitment to order every week.



Pay by **internet banking** to:

**Greenstone Doors**

**38-9015-0360851-02**

*Particulars:* Last name

*Code:* First Name

*Reference:* Pick-up location e.g. Greenstone, Pinehaven

**Ordering is in advance and your payment of \$15 (per pack) needs to arrive with us by 5pm Wednesday at the latest** so your order will be counted for the following Wednesday pick up. Feel free to order more than one pack, there is no limit to the number of packs you can order and there is no commitment to order every week.

We recommend setting up an automatic payment of \$15 so you never miss out!

## Current pick-up hubs:

### Upper Hutt

uh.vege.coop@gmail.com	<b>Greenstone Doors</b> 1285 Fergusson Drive (Corner of Bernadette St & Fergusson Dr), Brown Owl	Pay internet banking by <b>5pm Wednesday</b>	Pick-up Wednesday 12–2pm <i>OR</i> self-managed from 2.00pm onwards
	<b>Upper Hutt Family Finance Services</b> Bradley Lane, Upper Hutt		
	<b>Pinehaven Library</b> 56 Pinehaven Road Pinehaven, Upper Hutt		
	<b>St Mary's Church</b> 13 Terminus Street Silverstream, Upper Hutt		
			Silverstream & Pinehaven hubs: After hours pick ups available