



# WELLINGTON REGION FRUIT & VEGE CO-OP

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

**JOIN NOW!**

[www.hauorakai.nz](http://www.hauorakai.nz)



Wesley  
Community  
Action

**Te Whatu Ora**  
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa



Join **Wellington Region Fruit & Vege Co-op** and help us bring healthy food to our neighbourhood.

Buying regular **\$15** fruit and vege packs from the Fruit and Vege Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available from our pick-up points, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

**We're about community, not profit.**

Find out more: [www.hauorakai.nz](http://www.hauorakai.nz)